

Jill Lackey

Jill has over 20 years of human resources experience with expertise in executive coaching, talent management, employee relations, communication, leadership training and organizational development. Jill is currently an executive coach and senior consultant for The Edmunds Group in Winston-Salem, NC. Jill's coaching experience includes both business and life coaching. In her words, "I find that individuals often begin coaching due to a desire to develop or change areas in their professional life. After a few sessions, we often find their barriers or challenges are rooted in their personal or spiritual life. Try as we may, you can't separate work from life as we are one person. The goal is to find a balance that allows one to be authentic and successful in both roles."

In addition to her coaching experience Jill has led numerous cross-functional teams in the design and implementation of performance management programs, succession planning, new employee orientation programs and core values and cultural change efforts. Her experience includes designing and delivering leadership development programs for corporate and non-profit organizations.

Prior to joining The Edmunds Group in 2000, Jill was Assistant Vice President of Human Resources for GMAC Insurance for eleven years. Jill holds a Bachelors Degree in Psychology and Business from East Carolina University, is a Senior Professional in Human Resources (SPHR), is a graduate of Corporate CoachU and is currently pursuing her PCC certification through the International Coach Federation.

Jill is an active member of Ardmore Baptist Church where she teaches Sunday School and children's choir, is a member of the Deacon Council and the Finance Committee.